



JUNIOR GOLF PERFORMANCE PROGRAM

Featuring Practices & Tournaments
at Legend Oaks Golf & Tennis Club

JUNIOR GOLF TOURNAMENTS:

Tournament Dates: February - 10th, 24th & March - 3rd, 10th, 24th



Tournament Start: 3:00pm Tee Times

Format: 9 Holes Individual Stroke Play
(Tee Locations by Age Category)

Eligibility: Boys & Girls Ages 5 - 18

Green Fee: Members - Walking Free, Non-Members - \$10

Cart Fee: \$10 (if under 16 years of age must ride with an adult)

Special Tournament Feature: On Course Performance Tracking
(Fairways Hit, Greens Hit, Putts etc)



JUNIOR GOLF PRACTICE SESSIONS:

Runs February 4th - March 31st, 2019

Golfers and Practice Session Times

Beginners - Tuesday 4:30 - 6:15

Intermediate - Wednesday 4:30 - 6:15

Advanced - Thursday 4:30 - 6:15

(First Practice Session Begins 2/4/19)

Golf Practice Agenda

Golf Group Practice/Coaching 4:30 - 5:30

Golf Specific Workout 5:30 - 6:15

Cost Per Practice Session

Members \$10, Non-Members \$15

Practice Session Features

- Junior Development skills test to monitor and evaluate performance (Red Zone Game Testing)
 - Body Movement Analysis (TPI)
 - Golf improvement Strategy
 - Customized Golf Lesson Plan
- Game Improvement Strategy



For more information or to sign up please contact
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