

Legend Oaks Golf & Tennis Club



Legend Oaks Summer 2020 Junior Programs

LEVEL 1 TENNIS SKILLS AND COORDINATION (Red-Foam Balls) AGES 4 -7

Introduce your child to tennis. Children develop their general motor and athletic skills. The program focuses on coordination training, movement and balance skills as well as sending and receiving skills. Children learn the first stages of cooperative tennis while also learning how to initiate a rally, move and judge a ball (reception and centering skills), control the racquet at the contact point and control the height, direction and depth to be successful. Games are an important part of the program and the children are exposed to games that are both fun and tennis related. Tues or Thurs 2:15-3:00pm*

LEVEL 2 JUNIOR DEVELOPMENT 1 AGES 8-12

By the end of this program, a child should be able to play Tennis using a full or abbreviated serving motion. The children learn how to move effectively so as to ensure good position and balance for each shot. They are taught how to adapt to different situations and how to compete.

Mon or Wed 2-3:00pm*

LEVEL 3 JUNIOR DEVELOPMENT 2 AGES 13-16

By the end of this program, a child should be able to play Tennis using a full or abbreviated serving motion. The children learn how to move effectively so as to ensure good position and balance for each shot. They are taught how to adapt to different situations and how to compete.

Tues or Thurs 3-4:30pm*

LEVEL 4 JUNIOR ACADEMY AGES 9-17

In the most intense clinic, juniors will be drilled on the more advanced concepts of the game. This clinic is designed for intermediate to advanced players who are ready for competitive play. This group will be Invitation Only.

* Friday will be used for rainouts

Levels 1-2

Cost: 1x/week \$60/member, \$70/non-member. 2x/week \$110/member, \$130/non-member (minimum 6 students/class) ALL CLASSES ARE 4 WEEK SESSIONS

Levels 3-4

Cost: 1x/week \$90/member, \$110/non-member. 2x/week \$160/member, \$180/non-member (minimum 6 students/class) ALL CLASSES ARE 4 WEEK SESSIONS

Classes begin Monday June 29 and July 27!

To Register Contact: Andy at 843-737-3460